

NWPerm Wellness Passport Guidelines

July – September 2021

The NWP Wellness Passport is a voluntary program for Northwest Permanente physicians and administrative staff designed to encourage and support participation in wellness related activities. The NWP Wellness Passport is offered in place of the KFHP Total Health Incentive Program for Northwest Permanente physicians and administration.

- A new Wellness Passport will launch every quarter with different ways to increase your health and wellness! You can complete one passport each quarter.
- To receive one of the incentives, you must complete four out of five of the Wellness Passport Categories.
 - Example: Complete one activity in the “Physical”, “Spiritual/Emotional”, “Occupational”, and “Other” categories and then choose between one of the incentives!
- Upon completion of all required passport categories, you will receive an email on how to specify your choice of \$175, \$175 REI gift card, annual OMSI membership, or annual Oregon Zoo membership.
- No protected health information will be shared with or made available to the NWP Wellness program administration.
- A reasonable alternative may be requested from NWP Wellness to satisfy a requirement for the passport.
- By sending a photo, you are granting permission to have your photo be used for internal NWP communications purposes, unless requested otherwise.
- Payments will be made in the month following the conclusion of that season’s passport (i.e. Payments for the July – September passport will be made in October).
- PLEASE NOTE – All incentives are subject to individual payroll taxes