

Northwest Permanente Wellness Passport Guidelines

September – November 2015

The NWP Rewards of Wellness Program is a voluntary program for Northwest Permanente physicians and administrative staff designed to encourage and support participation in wellness related activities. The program will run from January 1 – December 1st, 2015. The NWP Rewards of Wellness Program is offered in place of the KFHP Total Health Incentive Program for Northwest Permanente physicians and administration.

- In order to gain access to the NWP Wellness Passport you **MUST** complete Part 1 of the Rewards of Wellness Program. [Please click here to review the requirements for Part 1.](#)
- There will be a new Wellness Passport every season with fresh new ways to increase your health and wellness! Every passport you will have the opportunity to receive a new incentive.
- To receive the \$150 incentive payment, you must complete **three out of five** of the Wellness Passport Categories.
 - Example: Complete one activity in each of the “Movement”, “Step Challenge”, and “Education” categories and get \$150!
- No protected health information will be shared with or made available to the NWP Health & Wellness program administration.
- A reasonable alternative may be requested from a NWP Health & Wellness representative to satisfy a requirement for the 2015 Rewards of Wellness Program as necessary.
- Payments will be made in the month following the conclusion of that season’s passport (i.e. Payment for the September-November passport will be made in December).
- **PLEASE NOTE** - Incentive amounts are subject to individual payroll taxes.

If you have any questions about these guidelines or the program please do not hesitate to contact us at:

NWPWellness@kp.org