

# Northwest Permanente Wellness Passport Guidelines

April – May 2016

The NWP Rewards of Wellness Program is a voluntary program for Northwest Permanente physicians and administrative staff designed to encourage and support participation in wellness related activities. The NWP Rewards of Wellness Program is offered in place of the KFHP Total Health Incentive Program for Northwest Permanente physicians and administration.

- There will be a new Wellness Passport every season with fresh new ways to increase your health and wellness! Every quarter you will have the opportunity to receive a new incentive.
- To receive the \$125 incentive payment, you must complete three out of five of the Wellness Passport Categories.
  - Example: Complete activities in the “Physical”, “Spiritual” and “Intellectual” categories and get \$125!
- No protected health information will be shared with or made available to the NWP Health & Wellness program administration.
- A reasonable alternative may be requested from a NWP Health & Wellness representative to satisfy a requirement for the 2016 Rewards of Wellness Program as necessary.
- Payments will be made in the month following the conclusion of that season’s passport (i.e. Payment for the April-May passport will be made in June).
- PLEASE NOTE - Incentive amounts are subject to individual payroll taxes.

If you have any questions about these guidelines or the program please email:

[NWPWellness@kp.org](mailto:NWPWellness@kp.org)