

Northwest Permanente Wellness Passport Guidelines

July – September 2018

The NWP Wellness Passport is a voluntary program for Northwest Permanente physicians and administrative staff designed to encourage and support participation in wellness related activities. The NWP Wellness Passport is offered in place of the KFHP Total Health Incentive Program for Northwest Permanente physicians and administration.

- There will be a new Wellness Passport every season with fresh new ways to increase your health and wellness! Every quarter you will have the opportunity to receive a new incentive.
- To receive the \$175 incentive payment or \$175 REI gift card, you must complete four out of five of the Wellness Passport Categories.
 - Example: Complete activities in the “Physical”, “Environmental”, “Social”, and “Occupational” categories and get \$175 incentive payment or \$175 REI gift card!
- Upon completion of all required passport categories, you will receive an email from NWP Wellness on how to specify your choice of \$175 or \$175 REI gift card.
- No protected health information will be shared with or made available to the NWP Wellness program administration.
- A reasonable alternative may be requested from a NWP Wellness representative to satisfy a requirement for the passport.
- Payments will be made in the month following the conclusion of that season’s passport (i.e. Payment/delivery for the July - September passport will be made in October).
- **PLEASE NOTE** - Incentive amounts and merchandise are subject to individual payroll taxes.