

# Northwest Permanente Wellness Passport Guidelines

January – March 2019

The NWP Wellness Passport is a voluntary program for Northwest Permanente physicians and administrative staff designed to encourage and support participation in wellness related activities. The NWP Wellness Passport is offered in place of the KFHP Total Health Incentive Program for Northwest Permanente physicians and administration.

- There will be a new Wellness Passport every season with fresh new ways to increase your health and wellness! Every quarter you will have the opportunity to receive a new incentive.
- To receive the \$125 incentive payment, or the Family Plus membership to OMSI, or a \$125 REI gift card, you must complete three out of five of the Wellness Passport Categories.
  - Example: Complete activities in the “Physical”, “Intellectual”, and “Other” categories and get \$125 incentive payment, 1 year membership to OMSI, or \$125 REI gift card!
- Upon completion of all required passport categories, you will receive an email from NWP Wellness on how to specify your choice of \$125, 1 year family plus membership to OMSI, or \$125 REI gift card.
- No protected health information will be shared with or made available to the NWP Wellness program administration.
- A reasonable alternative may be requested from a NWP Wellness representative to satisfy a requirement for the passport.
- Payments will be made in the month following the conclusion of that season’s passport (i.e. Payment/delivery for the January – March passport will be made in April).
- PLEASE NOTE – All incentives are subject to individual payroll taxes.