

NWPerm Wellness Passport Guidelines

January – March 2021

The NWP Wellness Passport is a voluntary program for Northwest Permanente physicians and administrative staff designed to encourage and support participation in wellness related activities. The NWP Wellness Passport is offered in place of the KFHP Total Health Incentive Program for Northwest Permanente physicians and administration.

- A new Wellness Passport will launch every quarter with different ways to increase your health and wellness! You can complete one passport each quarter.
- To receive the \$125 incentive payment or a \$125 REI gift card, you must complete three out of five of the Wellness Passport Categories.
 - Example: Complete activities in the “Physical”, “Financial”, and “Other” categories and get \$125 monetary incentive or \$125 REI gift card!
- Upon completion of all required passport categories, you will receive an email on how to specify your choice of \$125 or \$125 REI gift card.
- No protected health information will be shared with or made available to the NWP Wellness program administration.
- A reasonable alternative may be requested from a NWP Wellness representative to satisfy a requirement for the passport.
- By sending a photo, you are granting permission to have your photo be used for internal NWP communications purposes, unless requested otherwise.
- Payments will be made in the month following the conclusion of that season’s passport (i.e. Payments for the January – March passport will be made in April).
- PLEASE NOTE – All incentives are subject to individual payroll taxes.