

Northwest Permanente Wellness Passport Guidelines

April – June 2019

The NWP Wellness Passport is a voluntary program for Northwest Permanente physicians and administrative staff designed to encourage and support participation in wellness related activities. The NWP Wellness Passport is offered in place of the KFHP Total Health Incentive Program for Northwest Permanente physicians and administration.

- There will be a new Wellness Passport every season with fresh new ways to increase your health and wellness! Every quarter you will have the opportunity to receive a new incentive.
- To receive the \$150 incentive payment, or the Family membership to the Oregon Zoo, or a \$150 REI gift card, you must complete four out of five of the Wellness Passport Categories.
 - Example: Complete activities in the “Spiritual/Emotional”, “Occupational”, “Social”, and “Other” categories and get your choice of one of the offered incentives!
- Upon completion of all required passport categories, you will receive an email from NWP Wellness on how to specify your choice of \$150, 1-year family membership to the Oregon Zoo, or \$150 REI gift card.
- No protected health information will be shared with or made available to the NWP Wellness program administration.
- A reasonable alternative may be requested from a NWP Wellness representative to satisfy a requirement for the passport.
- Payments will be made in the month following the conclusion of that season’s passport (i.e. Payment/delivery for the April – June passport will be made in July).
- PLEASE NOTE – All incentives are subject to individual payroll taxes.