

Northwest Permanente Wellness Passport Guidelines

April – May 2015

Step Challenge: Log 300,000 Steps

Log 300,000 Steps on Your Fitbit:

Once you get your Fitbit, sign up for an account and start logging your steps! Once you reach 300,000 steps, click on the button below to find out how to send us your documentation to earn credit for this category!

Click here for a step-by-step guide for sending
in your step count!

Please submit all documentation to NWP Health & Wellness, KPB 15
or e-mail us at: nwpwellness@kp.org