

Northwest Permanente Wellness Passport Guidelines

June – August 2015

Step Challenge: Organized Walk or Run

Participate in an Organized Fitness Event:

Submit a copy of a registration receipt for an organized walk or run to nwpwellness@kp.org. Examples include: [Portland Parks & Rec \\$5 5ks](#), [Portland Pride Parade](#), [Hood to Coast](#) or any other NWP Wellness Coordinator approved activities.

Please submit all documentation to NWP Health & Wellness, KPB 15
or e-mail us at: nwpwellness@kp.org