

# Northwest Permanente Wellness Passport Guidelines

October – December 2017

## **Social:** **Thank you note**

### Thank you note

Writing a thank you note has become a lost art form. Many people either don't write them or don't maximize their full potential. A handwritten thank you note not only sends the message that you care enough to invest yourself personally in acknowledging another but also sends joy as anyone who receives a handwritten note is always excited to read it.

You can easily set yourself apart from the rest by spending a few moments to write a well-thought-out note.

To get credit for this activity, write three handwritten thank you notes to colleagues then send an email to [nwpwellness@kp.org](mailto:nwpwellness@kp.org) with a brief summary of what those colleagues did to deserve a thank you note.

To request thank you cards, please send an email to [nwpwellness@kp.org](mailto:nwpwellness@kp.org)

Please submit all documentation to NWP Health & Wellness, KPB 16  
or e-mail at: [nwpwellness@kp.org](mailto:nwpwellness@kp.org)