

Northwest Permanente Wellness Passport Guidelines

April - June 2017

Social: **Participate in National Walking Day**

Participate in National Walking Day:

Come join us in celebrating National Walking Day on Wednesday, April 5th @ Noon by going for a short walk during lunch. Multiple locations are participating. Click the link below to register:

Register for National Walking Day

To receive credit for attending the KPB National Walking Day Celebration, send an e-mail to NWPWellness@kp.org stating which location you participated at and include a “Healthy Selfie” photo from your walk!

Please submit all documentation to NWP Health & Wellness, KPB 16
or e-mail at: nwpwellness@kp.org