

Northwest Permanente Wellness Passport Guidelines

April – May 2016

Social: Participate in the AHA Heart & Stroke Walk

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Join thousands of walkers from Oregon and SW Washington as they step out to have fun, get inspired, & support a meaningful cause!

Participate as a walker in the [2016 AHA Heart & Stroke Walk](#) and send a copy of your registration form or send a “Healthie Selfie” from your walk to NWPWellness@kp.org to receive credit for this category!

Please submit all documentation to NWP Health & Wellness, KPB 16
or e-mail at: nwpwellness@kp.org