

Northwest Permanente

Rewards of Wellness Program Guidelines

Part Two: Get Inspired!

Viewing Guidelines for Wellness Brown Bags:

- Attend 5 of 6 wellness education brown bags during July-December = \$100
 - Online viewing with questions to be completed by **December 10th, 2014.***
- If your **primary work location is KPB**, then **no more than 3** livestream*/video Brown Bag sessions may be viewed per six month period.
- If your **primary work location is somewhere other than KPB**, then you may view **all** Brown Bag sessions online.
- Once you have completed viewing a Brown Bag livestream/video, click the button labeled **“Brown Bag Questions”** next to the corresponding Brown Bag and submit your name, KP e-mail and your answers to the questions. Credit for the Brown Bag will be given once you have answered the questions correctly and you will be notified via e-mail.

* In order to get credit for viewing the livestream/video of a Brown Bag you **MUST** answer the Brown Bag Questions that will be posted next to the corresponding video after the presentation. Brown Bag videos can be found here:

[Watch Wellness Brown Bags](#)

Terms & Conditions:

- Wellness Brown Bag attendance is “work time” so long as you arrange the time with your manager to address any cross coverage and/or overtime issues. Videos viewed before or after your normal working hours are not considered paid work time

**Please submit all documentation to NWP Health & Wellness, KPB 15
or e-mail us at: nwpwellness@kp.org**