

Northwest Permanente Wellness Passport Guidelines

April – May 2015

Other Wellness Challenges: Participate in the AHA Heart & Stroke Walk

Participate in the AHA Heart & Stroke Walk:

Join thousands of walkers from Oregon and SW Washington as they step out to have fun, get inspired, & support a meaningful cause!

Participate as a walker in the [2015 AHA Heart & Stroke Walk](#) and send a copy of your registration form or send us a “Healthie Selfie” from your walk to NWPWellness@kp.org to receive credit for this category!

Please submit all documentation to NWP Health & Wellness, KPB 15
or e-mail us at: nwpwellness@kp.org