

Northwest Permanente Wellness Passport Guidelines

September – November 2015

Other Wellness Challenges: Enroll in an Educational Class

Enroll in an Educational Class:

Have a hobby you have wanted to take up, but aren't sure where to even begin? Or would you like to learn a few more skills to enhance your career? Sign-up to take an educational class, and receive credit for the "Other Wellness Challenges" category of the Fall Passport!

Not sure where classes are available? Check out PCC's Community website to find some low-cost classes offered to the public:

[Click here to see PCC's Community Classes](#)

To get credit for this activity, simply send a copy of your registration along with 1 thing you loved about the class to: NWPWellness@kp.org or via interoffice mail to NWP Health & Wellness, KPB 15.

Please submit all documentation to NWP Health & Wellness, KPB 15
or e-mail us at: nwpwellness@kp.org