

Northwest Permanente Wellness Passport Guidelines

January – March 2017

Occupational: Volunteer

Volunteer your time

To fulfill this passport item, volunteer your time to any non-profit, organization or cause.

To receive credit, submit the following via email to NWPWellness@kp.org

1. What is the name of the organization you volunteered for
2. How long did you volunteer
3. What did you do
4. Share your thoughts about how you felt before, during and after volunteering

Please submit all documentation to NWP Health & Wellness, KPB 16
or e-mail: nwpwellness@kp.org