

Northwest Permanente Wellness Passport Guidelines

September – November 2015

Education: Attend 2 Wellness Brown Bags

Attend 2 out of 3 Wellness Education Brown Bags:

Each month we will hold a one-hour, wellness education brown bag covering different topics related to wellness! Attend or view two wellness brown bags online* and receive credit for this category.

* In order to get credit for viewing the livestream/video of a Brown Bag you **MUST** answer the Brown Bag Questions that will be posted next to the corresponding video after the presentation. Brown Bag videos can be found here:

[Click here to see the Wellness Education Brown Bag schedule or to watch recordings of past Brown Bags](#)

Please submit all documentation to NWP Health & Wellness, KPBC 15
or e-mail us at: nwpwellness@kp.org