

# Northwest Permanente Wellness Passport Guidelines

June – August 2015

## **Education: Attend 2 Wellness Brown Bags**

### **Attend 2 out of 3 Wellness Education Brown Bags:**

Each month we will hold a one-hour, wellness education brown bag covering different topics related to wellness! Attend or view two wellness brown bags online\* and receive credit for this category.

\* In order to get credit for viewing the livestream/video of a Brown Bag you **MUST** answer the Brown Bag Questions that will be posted next to the corresponding video after the presentation. Brown Bag videos can be found here:

[Click here to see the Wellness Education Brown Bag schedule or to watch recordings of past Brown Bags](#)

Please submit all documentation to NWP Health & Wellness, KPB 15  
or e-mail us at: [nwpwellness@kp.org](mailto:nwpwellness@kp.org)